



FAMILY RESOURCES

We know how overwhelming it can be to send your child away, so we have gathered some resources that you may find helpful as you prepare your camper and yourself!

Resources about Preparing for Camp

1. [Miniwanca Family Resource Page](#)
2. [The Summer Camp Handbook](#), by Chris Thurber & Jon Malinowski (book) [Read an excerpt](#)
3. [Resources from the American Camping Association](#)
4. [100 Questions About Summer Camp](#) (blog post)
5. [8 Tips for First Time Camp Parents](#) (podcast)

Resources about the Power of Camp

1. [Happy Campers: 9 Summer Camp Secrets for Raising Kids Who Become Thriving Adults](#), by Audrey Monke (book) [Listen to an excerpt here](#) ; [Read an excerpt here](#)
2. ["Camp is a Gift"](#) (blog post)
3. ["A Manifesto for Strength"](#) (blog post)
4. ["Summer Camp and Disruptive Moments"](#) (blog post)
5. [Sunshine Parenting Blog- Summer Camp posts](#)

Resources about Homesickness

1. [Homesick and Happy](#), by Michael Thompson (book) [Read an excerpt here](#)
2. ["The Do's and Don'ts of Homesickness"](#) (blog post)
3. ["Homesickness and Growth at Camp"](#) (blog post)
4. ["Summer Camp Homesickness: A Guide for Parents & Campers"](#) (blog post)
5. ["Kids Can Be 'Homesick and Happy'"](#) (article with Michael Thompson)

Resources for Parents

1. ["5 Tips for Surviving Your Child's First Stay at Overnight Camp"](#) (blog post)
2. ["Dear Parent Hitting the Refresh Button Again to View Camp Photos"](#) (blog post)
3. ["5 Reasons NOT to Worry While Your Kids are at Camp"](#) (blog post)
4. ["Kidsickness: Help for First Time Camp Parents"](#) (blog post)

Resources for When Your Camper Returns Home

1. ["9 Ways to Help Kids Process Summer Camp"](#) (blog post)
2. ["Campsickness: 10 Tips for Easing the Re-entry Home"](#) (blog post)
3. ["10 Ways to Better Understand your Camper's Experience"](#) (blog post)

Resources for Campers

1. [Notes from the Camp Bunk](#), by Eden Martin (book)
2. [List of Books for Kids about Camp](#) (organized by age)